

RULES & REGULATION PACKET SEASON 2024-2025

I hereby understand that every time "PBL" is mentioned throughout this contract it is meant to be inclusive of Palm Beach Lightning Allstars, TJF Allstars, LLC, its officers, shareholders, agents, and employees.

#### \*GENERAL

- 1. Only registered athletes are allowed in the practice area.
- 2. Siblings, family members, friends, etc. are to remain in the front lobby ONLY.
- 3. All spectators must sit in the designated seating area, and keep the noise level down at all times.
- 4. Any person that disrupts a practice will be asked to leave the gym immediately.
- 5. No food, drinks, and gum are permitted on the practice floors.
- 6. All trash must be disposed of in the appropriate trash receptacles.
- 7. Cell phones must be put on silent mode, and in the designated athlete area.
- 8. PBL is not responsible for any personal items lost, or stolen.
- 9. All pertinent information and communication will be delivered via the PBL website, Facebook, group messages, and your personal e-mails. It is the parent's responsibility to know what is going on with their child's team, so these must be checked daily for any and all updates.
- 10. All completed forms, or information needed by PBL, will be downloaded and turned in to the PBL office as requested.
- 11.Please be extremely careful in the parking lot. Drive very slowly and carefully as there are children and lots of activity in and around the area. Please avoid stopping anywhere other than an actual parking space for lengthy periods of time and blocking traffic.

#### A. VIEWING AREA & LOBBY ETIQUETTE

This is for the safety of everyone involved, and for liability reasons. "Lobby Coaching" or "Parent Coaching" is not allowed or tolerated at our program. PBL does provide a small lobby, and viewing area for parents, wishing to remain at the gym during classes and lessons ONLY. All parent, siblings and/or friends who choose to stay during practices are required to remain in the lobby during all practices, classes and lessons. Parents job are to support, encourage, and

motivate your children! Leave the Coaching to the Coaches as we leave the Parenting to you! We want to work with you to give the athlete the best chance of success.

#### **1.SMALL CHILDREN & SIBLINGS**

Please note for families who choose to bring younger siblings, they must be kept under your constant supervision, and within your reach. Small children must remain properly behaved, and keep noise at an appropriate level, or they will be asked to leave. No small children are allowed in the gym, or allowed to play in the athlete area.

# **2.CLOSED PRACTICES & LOBBY CLOSING**

Please know PBL does reserve the right to close the lobby, and viewing area at any time. When the gym posts "Closed Practices" this will refer to a drop off and pick up only. No parents will be allowed to stay at the gym during these times. Please know this is to provide our athletes with a quiet, distraction, and stress-free environment to learn and/or perfect their skills. The lobby/viewing area, will be closed for choreography, routine transitional times, and as we gear up for major competitions. Parents of Tiny & Mini prep teams are the ONLY parents allowed to stay in the lobby for practices.

#### 3.PARENT ETIQUETTE & CONDUCT:

PBL has implemented a "ZERO TOLERANCE" policy regarding inappropriate parent conduct. Parents who are verbally negative, bullying, derogatory towards any athletes or coaches, loud, overbearing, or distracting will be barred from the gym and/or have their athlete permanently removed from our program. This includes, but is not limited to, actions online, at competitions, and at the gym. Parents who are caught, or reportedly threatening to quit/pull, their athletes from a team for any sort of personal gain/appeasement, will be immediately dismissed from the program.

In some cases, there are occasionally individuals or parents who want to try and spread negativity within our program. Our families are here to watch their child enjoy the sport of competitive cheer, and if you can not be a part of the positivity, then you will be asked to leave. We will not tolerate negativity and/or gossip to be spread in our program under any circumstances. Parents who have a questions/concern, should speak directly to the owners at an appropriate time, or set up a private meeting. All decisions made regarding athletes training are

made with the athlete's best interest at heart! We place athletes on teams, and in levels, where we feel they will be the most successful. TRUST THE PROCESS!

#### \*TEAMS

#### **A.ROSTER SELECTION**

Rosters for teams are designed to give each team an equal chance for success within their division. Much like other sports, a variety of skills and abilities are necessary to give teams the best opportunity to place high at competitions. We try to match up the athletes as best we can, but please remember that maturity, physical stature, stunting, pyramids, jumps, dance, motions, and age are factors.

It is simply not feasible (or desirable) for every team to have 20 or more exactly matched athletes. Some will be stronger tumblers than others, and some will help us out with stunts more than others. Every athlete is placed on a team for a reason – please trust the staff, we assure you that they are highly qualified, experienced, and credentialed to do what they do. This season we will be working harder than ever to push every athlete to improve their skills, even if it means working on skills that are above what is allowed in their current division.

The most common confusion or misconception from parents and athletes relates to tumbling ability. Proper technique is more crucial now than ever to achieve the highest scores. Simply being able to complete a skill without falling to the ground is no longer the standard for when an athlete "has" a certain skill. They must be able to perform it with perfect, or nearly perfect technique. In addition they must be able to do it consistently, on a spring floor, under pressure, in nearly any scenario. Many athletes and parents greatly overestimate the ability and form of the athlete against the standard. A parent's version of "my child has a layout" can often be dramatically different from the coaching staff's, and this can lead to confusion about team placement.

The second most common misunderstanding comes from dramatically overestimating the importance of tumbling compared to other factors. As previously stated, there are many factors that go into determining the best spot for an athlete, not simply how well they can tumble. We must determine where the athlete will have the best opportunity to show well rounded skills in the sport. Again, trust the staff. They have been coaching for many years and will

place your child where they feel the child will excel and be most beneficial to the team. Please note that no athlete has an absolute guarantee of a roster spot on a particular team, nor do they have a right to any particular role or spot in a routine. We attempt to make roster changes as infrequently, and with as much warning as possible. Coaches change formations and stunt groups for a variety of reasons, many of which have nothing to do with the relative ability of the athlete's in question. Many times the flow of choreography, or formations, dictate changes that need to be made in which athlete's are doing certain skills. While you are always free to ask the coaches (at appropriate times) to explain any of their decisions, making demands, or threats, regarding placement are never warranted and may result in the immediate dismissal of the athlete from the program.

Athletes may be removed from our program at any time for reasons which may include, but are not limited to: attitude problems, absences and/or tardiness, lack of improvement, loss of skills that were originally tried out with, lack of financial responsibility, and personality conflicts between athletes, coaches, parents, or anyone else involved in our program. NO REFUNDS of tuition or fees will be given should an athlete be removed from a team, and all balances of annual fees including tuition will still be due in full.

#### PBL retains the right to:

- 1. Place its athletes on the team(s) it feels will best suit them and the program.
- 2. Decide the roles and/or positions an athlete will have/play on their team(s). (Ex. base, flyer, back spot, tumbler, etc.)
- Move, replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to:
  - A. Attendance
  - B. Conduct
  - C. Skills
  - D. Finances
- 4. Decide if an athlete is eligible to participate on more than one team.

- 5. Request that an athlete, or team, take additional classes to improve their skills at an additional cost.
- 6. Request that an athlete, or team, practice longer than their regularly scheduled time, or add additional practices or competitions if deemed necessary.

Athletes that elect to participate on more than one PBL team must:

- 1. Be in good financial standing.
- 2. Be willing and able to fulfill all the responsibilities required by each team.
- 3. Be responsible for all additional fees associated with being a crossover athlete.

#### \*ATTENDANCE

All athletes must:

- 1. The ONLY excused absences are family emergencies, sick (contagious), school events for a grade, & other sports games (approved by owner).

  BIRTHDAY DINNERS ARE UNEXCUSED!! There is a 3 strike policy for unexcused absences. Repeated offenders will face consequences. ie. moved to alternate status or from the team all together.
- 2. Make PBL priority over any other extra-curricular activities. Other sports, work, homework or vacations are NOT an excuse to miss practices or competitions (December April).
- 3. Arrive at least 15 minutes early to all PBL activities.
- 4. Schedule all vacations so as not to interfere with any PBL activities. A vacation request form must be turned in 2 weeks in advance, prior to the scheduled vacation.
- 5. Athletes should be able to handle schoolwork and all star practices. Homework is not an acceptable excuse for missing practice.
- 6. Notify PBL staff, by email, pblallstars@aol.com immediately of all expected tardiness or absences. Continued absences, will be grounds for disciplinary actions, or dismissal.

- 7. Be productive @ practices in order to maintain your position on the team. Failure to do so will result in dismissal from the team.
- 8. If an athlete is injured, they must still attend practice however, will not be required to participate. They will watch any changes made that directly affect them.
- 9. Absolutely NO absences during the months of December, January, February, March, April & May. This is our National competition season, and we will be training extra during these months. Athletes with unexcused absences during these months may not participate at their National competitions. In addition, any athlete that misses a competition for any reason, other than family emergencies (i.e.death/illness) that athlete will still be responsible to pay for that competition's fees.
- 10. Summer attendance is crucial to the development of the teams. Failure to attend will result in removal from the team, or being placed on an alternate status. We understand and try to accommodate for vacations and family obligations. Please note that we expect team members to be at all summer practices when in town. Please note that we give teams time off one week per month during the summer by closing the gym. (June, July & August) We encourage, if possible, all family vacations to be made during these closings to prevent hardships on the teams. REF: IMPORTANT DATES PAGE!
- 11. Practices are incredibly important. This will be where your child learns new skills, and their competitive routine. While we try to give as much notice as possible of any practice schedule changes, practices may be added or canceled at any time. Withholding a child from practice (or competition) should never be used as a form of discipline. You are not only punishing your child, but every other team member, coach, and parent on that team.
- 12. We will do our best to work with extracurricular activities. However, if the coach of the extracurricular activity refuses to work with us, you may have to make a choice.
- 13. In the event that there is a competition scheduled the week of, weekend prior to, or the weekend at the end of spring break, there will be MANDATORY practices. Athletes will not be excused to miss practice and will therefore jeopardize their position on the team for the upcoming competition. <a href="PLEASE">PLEASE</a> check the competition schedule prior to booking any vacations during this time.</a>

#### \*PRACTICES

- 1. There will be at least but not limited to two (2) mandatory practices per week (Novice once/week). Full season teams will have at least, but not limited to, two (2) mandatory practices per week. Starting in October all teams will have one additional practice. Weekends are listed on the Important dates page in this packet. All teams (included in tuition) will have a mandatory team tumbling day and time.
- 2. Included in tuition, all teams will have an additional hour set on a practice day beginning in August. This hour will be focused on skill perfecting & advancement (30 min for novice teams).
- 3. Private tumbling lessons are strongly encouraged, but not required.
- 4. Each athlete will be strongly encouraged to attend offered tumble classes and/or open gyms. Classes and open gyms are an opportunity for an athlete to work on perfecting individual skills outside of their team practice time (where they are working on perfecting the competitive routine). All Allstar members will receive 25% off the monthly class rate.

#### **A.DRESS CODE**

#### All athletes must:

- Maintain a well-groomed appearance and good personal hygiene at all times.
- 2. Hair must be kept out of the face (if possible in high ponytail) with a bow worn at all times. NO beads or hair jewelry.
- 3. Nails MUST be kept shorter than fingertips when participating in any physical PBL activity.
- 4. No jewelry (other than approved medical ID tags) is allowed when wearing any PBL practice, warm up, or competition uniform.
- 5. Sports bras and shorts are to worn by female athletes under all practice wear and uniforms.
- 6. Once athletes receive the program practice wear, they are to follow the assigned practice wear days.

7. You CANNOT create or sell your own PBL apparel/items. Our name and LOGO is copyrighted & trademarked (including PBL, Palm Beach Lightning, Lightning). All ideas for apparel/items must be emailed and approved by Management.

# \*PRIVATE LESSONS

Our coaches schedule their own private lessons. Coaches may schedule up to 4 individuals at a time unless requested otherwise. Please check with the coach of your choice to set up a private lesson. All compensation for private lessons should be paid directly to the instructor. Any communication about the changes or cancellations should be handled directly with the coach. We strongly recommend that every athlete participate in either classes or private lessons. While we will spend a portion of our team practices on individual skills, athletes will progress much more quickly if they are also getting instruction outside of their actual practice time. Please contact the individual coaches for pricing and availability.

PRIVATE CANCELATION POLICY You must cancel 24 hours in advance to avoid paying for the entire private!

#### \*COMPETITION

#### **A.DRESS CODE**

By each team's scheduled meeting time:

- Athletes must dress in their standard issued "PBL" competition uniform, COMPETITION READY!
- 2. All hair and make-up must be completed as per coach's request.
- 3. All jewelry (except approved medical ID tags) and colored nail polish must be removed.
- 4. All non-uniform items such as sunglasses & cell phones must be put away.
- All lost or noticeably damaged uniform items must be repurchased immediately and a matching substitute worn until the item is replaced. It is the athlete's responsibility to maintain their uniform in "competition ready" appearance.

Any braces or tape needed to perform must be supplied by the athlete, and put on before going to warm up mat.

After competing:

- 1. Athletes may only change into their PBL competition shirt, warm ups or PBL attire on Day1 or after awards on Day 2.
- 2. No Pjs pants @ competitions or showcases!
- 3. Closed toed shoes must be worn at all times. NO SLIPPERS
- 4. During awards ceremonies, athletes must be in full competition uniform, and may not wear shoulder bags, warm ups, or any other items.

#### \*SPORTSMANSHIP/CONDUCT

All athletes AND parents must always:

- 1. Set a positive example for others to follow.
- 2. Refrain from gossiping, or any other form of verbal or physical confrontation.
- 3. Be respectful and courteous to everyone.
- 4. Schedule an appointment to speak with a coach, or other staff member to discuss any issues that may arise.
- 5. Refrain from celebrating the misfortune or defeat of another person, team, or program.
- 6. Accept team placements and awards with dignity and class.
- 7. Maintain a positive attitude, class and respectfulness when interacting with members of other teams, their coaches and parents (Remember that at ALL times you are representing PBL & are a direct reflection on the program).
- 8. Refrain from posting inappropriate pictures, posts about other gyms or athletes, etc on any social media.
- 9. Failure to follow the above rules (parent &/or athlete) will result in immediate removal from the program!!

#### \*HEALTH

#### All athletes must:

- Provide PBL with current health insurance and emergency contact information.
- 2. Inform PBL of all medical conditions that may limit or prevent their ability to participate in any PBL activities.
- 3. Notify PBL of any injuries sustained as a result of their participation in any sanctioned PBL activities.
- 4. Provide valid written documentation from a doctor explaining the reason(s) and the duration for which an athlete may be limited, or unable to, participate in any PBL activities.
- 5. Refrain from the illegal use of drugs, alcohol, tobacco, or any other substances.
- 6. Provide the completed and signed Waiver of Liability/Medical Release/ Participant Agreement to PBL.

### Injuries and returning to practice/competition:

If an athlete is injured in or outside of the gym, the athlete may sit out for one practice without a doctor's note. Any time after, a doctor's note is required.

The doctor appointment should be set up with an orthopedic or preferably a sports orthopedic. Please do not set up an appointment with your general practitioner. Always ask about therapy needed depending on the severity of the injury and the directions of the doctor's note, a written doctor's release will be required for return to practice. If a replacement is needed to temporarily fill in for competition, the athlete will return when they are released AND it is the best fit for the team. If it is too much pressure or if the time constraints are too small, we may have to delay the return of the athlete if it is judged that it is better for the team. The decision comes from the coaches and owners. In addition, if a parent decides to take their child to the doctor for say, a jammed finger and the doctor says to sit out for 3 weeks, we WILL follow those doctors orders until released by that doctor. Depending on the severity of the injury, the injured athlete will still be required to fulfill their financial obligation.

#### \*FINANCIAL OBLIGATION

All athletes and parents/guardians understand that:

They assume full responsibility for all costs incurred, for the entire season, as a member of PBL including but not limited to: gym registration, monthly tuition, practice outfits, uniforms/bows, competition/coaches fees, music, choreography, USASF registration, competition shirt, banquet and team gifts as well as any other item(s), or services purchased or rendered to PBL and the payment in full of those items regardless of any circumstances that may arise such as dismissal, early resignation or disbandment a particular team(in which case an athlete would be moved to the next appropriate team).

#### **A.PAYMENTS**

- 1. Monthly tuition payments are due by the 15th of each month.
- 2. **MANDATORY!!** PBL collects ALL monthly fees by directly billing your credit, debit card, or checking account for the amount indicated and your total charges will appear on your monthly credit, debit or checking statement. If you choose not to have your accounts debited then you may pay in full at the beginning of the season.
- 3. First month's fees are due before, or by the first practice.
- 4. Tuition does not fluctuate based on the number or duration of practices in a given month.
- 5. Monthly payment for normal tuition rate is due from May 2024 through April 2025.
- 6. All other fees are broken down into more manageable monthly payments as a courtesy to our participants and are shown on our Annual Fees page.
- 7. A \$30.00 late fee will be assessed on the 16<sup>th</sup> of each month in the event that a tuition payment is past due.
- 8. In addition to the late fee in paragraph "7" above, any payment not received by the 20<sup>th</sup> of each month shall bear interest at the maximum rate permitted by Florida law.
- 9. There will be no pro-rating for gym closures, missed practices, or vacations.

- 10. Any payment attempts resulting in a NSF (non-sufficient funds), declined credit card, expired credit card, returned check, etc. will incur \$50.00 service charge. It is your responsibility to update your information with us if there are any changes (card number, exp. date, etc.).
- 11. An athlete's account must be current and in good standing to participate in practices, competitions, and/or special events.
- PBL reserves the right to remove an athlete from their team at any time for failure to keep up with financial obligations.

#### **B. ADDITIONAL FEES**

- 1. No items will be ordered (uniform, make-up, bows, etc.) unless paid for in full by the deadlines given.
- 2. Be on the look out for competitions that require a waiver. There will be a due date set for them. \$20 late fee per week will be assessed if we have to chase them.
- 3. Any additional fees incurred for late/rushed orders, due to the failure to pay on time, will become the responsibility of the athlete.
- 4. All payment due dates must be met.
- 5. Any monies from an athlete /parent will be applied first to any overdue tuition/fees. All tuition/fees must be current before an athlete may collect any clothing, uniform or other retail items.
- 6. If an athlete chooses to leave, or if asked to leave PBL for any reason before the season is over, any money previously paid is completely non-refundable and no merchandise will be given. Again, there will be NO refunds!!
- 7. IF THERE IS A BALANCE & THE ATHLETE DECIDES, FOR WHATEVER REASON, TO DISCONTINUE PARTICIPATION ON A PALM BEACH LIGHTNING TEAM, THAT ATHLETE IS STILL RESPONSIBLE TO PAY ALL OUTSTANDING BALANCES
- 8. PBL reserves the right to turn over all delinquent accounts to a collection agency and parents/athletes will be responsible to pay all additional costs incurred. If collections are ineffective and should PBL incur attorney's fees or costs related to or arising from an athlete's obligations under this agreement, the parent/athlete agrees to indemnify and reimburse PBL for such attorney's fees and costs.

9. When an individual quits the team mid-season, a hardship is created for the coaches and remaining team members, as routines and positions have to be reworked, often resulting in extra practices and lost productivity. As such, if a team member quits or is removed from the team for any reason other than family relocation of 100+ miles away or *extreme* circumstances, the following penalties will apply in addition to balances owed:

\*Quit AFTER Skills Camp = \$200
\*Quit AFTER Team Choreography = \$300
\*Quit AFTER Thanksgiving = \$400
\*Quit AFTER Competition start = \$500

The PBL Credit Card/Auto Debit Authorization form must be completed at the time of registration. You will NOT be able to join the team without a valid credit card on file

#### \*TRAVEL

- 1. All travel related costs are the sole responsibility of the parent/athlete.
- 2. The GYM will always try to block rooms for team travel at all away competitions. Once rooms are blocked, parents will need to call the hotel and book their reservation. The hotel will only hold the rooms for a specified time. Parents will need to make sure they book their reservations before the set date to ensure they have a room.
- 3. Athletes must be supervised at all times by a parent, or designated chaperone, and there must be a parent in every room, no exceptions.
- 4. It is **MANDATORY** that all athletes arrive at their hotel the **NIGHT BEFORE** all scheduled out of town competitions.
- 5. Please do not plan any other activities during competition day/weekend as we will not know specific competition times until 1 week prior to the event. A detailed schedule and itinerary will be available on Thursday of each competition week. We will send out block schedules as soon as the competition companies release them to give everyone an idea.

The rules and regulations are set forth to establish the best possible environment to develop the participants physically, mentally, emotionally and morally. Strict adherence to these rules and regulations are mandatory.

Any team member or parent that breaks these rules or acts in a manner that jeopardizes the name and reputation of the Palm Beach Lightning Allstars will be subject to removal from the program. The coaches, advisors, and staff members reserve the right to augment these guidelines as deemed necessary during the season if it is for the best interest of the teams and their respective members. Remember: decisions are made for what is best for the team not what is best for the individual!

As a parent you may or may not agree with every decision made for the team. However, you must be willing to trust in the staff and be assured that every decision made will be in the best interest of the team and its members. We realize that this program will not be perfect, but as an organization we will continue to strive to make this year an enjoyable and rewarding experience for everyone



2024-2025 ANNUAL FEES

#### **FEMALES**

<u>TUITION</u> +	YEARLY EXPENSES	=	MONTHLY CHARGE
Novice- \$65	\$110 (\$1320 total)		\$175/month
Half Season \$65	\$143 (\$1001 total)		\$208/month *7mon
Prep- \$85	\$115 (\$1380 total)		\$200/month
Tiny & Minis- \$110	\$138 (\$1656 total)		\$248/month
Youth- \$140	\$215 (\$2580 total)		\$355/month
Jr, Sr, - \$190	\$215 (\$2580 total)		\$405/month
Non Tumble \$100	\$250 (\$1500 total)		\$350/month *6Mon

<sup>\*</sup>Based on 12 mon Payments\*

\*Yearly Expenses Includes: Gym Assessment Fee, Choreography, Music, Practice Wear, Competition Shirt, End of Season Banquet, Competition Fees, Coaches Fees, Uniform Rental (males ONLY), Team Apparel,

#### **OTHER EXPENSES**

Black Shoes:(6/1)(10/15)(11/18)Clinic & Camps;(7/15)(12/15)

\$120 Black Required \$200 Nov, Prep, Tiny & Mini 1

\$275 Yth1, All Level 2 & Up

\$150 Non Tumble

Uniform:(Half 8/15)(Half 9/15)(Half 11/15)(Half 12/15)(1/15)

\$335 Novice, Prep, Tiny & Mini 1

\$475 Mini 2, Youth, Jr & Sr

\$500 Sr. Level 4-6 \*Possible Uniform Rental \$150

Warm up: (10/15) (1/15) Make up & Comp Bow (11/15) (2/15)(2/15)

\$150 All New Members \$85 Tinys & Minis \$35 All Teams

(Optional) \$100 Yth, Jr, Sr

\*Flyers incur \$40/month fee starting 9/1 (2classes/month & wkly stretching)

\*\*Siblings receive 15% off tuition & Gym Assessment is a per family fee only

(-\$100 off sibling's Yearly Expenses)

#### We WILL ATTEND SUMMIT & WORLDS IF BID ARE RECEIVED!!

**MALES** (No Tuition or Gym Assessment)

#### YEARLY EXPENSES MONTHLY CHARE

Novice \$1260 \$1001 \$105/month \$143/mon \*7mon

Prep, \$1320 \$110/month Tiny & Mini \$1500 \$125/month

Yth, Jr,Sr, Open \$2400 \$1200 \$200/month \$200/mon \*6mon



# PALM BEACH LIGHTNING ALLSTARS 2024-2025 IMPORTANT PATES

June 2nd- June 7th	Gym Closed for Classes & Practices
June 10th - June 14th	Back to Basics Clinic Yth 1, Level 2 & Up
June 30th - July 6th	Gym Closed for Classes & Practices
August 5th - August 7th	Camp Prep Yth 1, Level 2 & Up
August 8th & August 9th	Stunt Camp, Novice, Prep, Tiny & Mini 1
August 10th & August 11th	Stunt Camp Yth 1, Level 2 & Up
August 12th- August 17th	Gym Closed for Classes & Practices
August 18th	Fall through Spring Schedule Begins
September 2nd	Closed for Labor Day
September 21 & 22nd	Tumble Camp Yth 1, Level 2 & Up
October 26th / October 27th	Extra Practice ( Schedule TBA)
October 31st	Closed for Halloween
October 513t	Ciosed for Figure 11
November 9th / November 10th	Extra Practice ( Schedule TBA)
November 9th / November 10th	Extra Practice ( Schedule TBA)
November 9th / November 10th November 16th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY
November 9th / November 10th November 16th November 24th-30th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break
November 9th / November 10th  November 16th  November 24th-30th  December 7th/ December 8th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break  Extra Practice ( Schedule TBA)
November 9th / November 10th November 16th November 24th-30th December 7th/ December 8th December 8th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break  Extra Practice ( Schedule TBA)  Non Tumble Stunt Camp (Times TBA)
November 9th / November 10th November 16th November 24th-30th December 7th/ December 8th December 8th December 22th-January 3rd	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break  Extra Practice ( Schedule TBA)  Non Tumble Stunt Camp (Times TBA)  Closed for Winter Break
November 9th / November 10th  November 16th  November 24th-30th  December 7th/ December 8th  December 8th  December 22th-January 3rd  January 4th/ January 5th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break  Extra Practice ( Schedule TBA)  Non Tumble Stunt Camp (Times TBA)  Closed for Winter Break  Extra Practice ( Schedule TBA)
November 9th / November 10th  November 16th  November 24th-30th  December 7th/ December 8th  December 8th  December 22th-January 3rd  January 4th/ January 5th  January 10th & January 11th	Extra Practice ( Schedule TBA)  Local Performance -ALL TEAMS MANDATORY  Closed for Thanksgiving Break  Extra Practice ( Schedule TBA)  Non Tumble Stunt Camp (Times TBA)  Closed for Winter Break  Extra Practice ( Schedule TBA)  Non Tumble Choreography

\*\*ALL DATES ARE SUBJECT TO CHANGE \*\*



#### TEAM AGREEMENT FORM

- \*I have read the packet in its entirety.
- \*I have read and agree with the financial plan.
- 1. IF THERE IS A BALANCE AND THE ATHLETE DECIDES, FOR WHATEVER REASON, TO DISCONTINUE PARTICIPATION ON A PALM BEACH LIGHTNING TEAM, THAT ATHLETE IS STILL RESPONSIBLE TO PAY ALL OUTSTANDING BALANCES, FEES NOTED ON "ANNUAL FEES" PAGE, AND ADDITIONALLY, THE EARLY TERMINATION FEE.
- 2. IF AN ATHLETE CHOOSES TO LEAVE OR IF ASKED TO LEAVE PBL FOR ANY REASON BEFORE THE SEASON IS OVER, ANY AND ALL FUNDS ARE COMPLETELY NON-REFUNDABLE AND NO MERCHANDISE WILL BE GIVEN. AGAIN, THERE WILL BE NO REFUNDS!!
- \*I understand that all fees are non-refundable.
- \*TJF Allstars, LLC d/b/a PB Lightning Allstars reserves the right, without question or notification, to withdrawal/debit any late or unpaid fees that are owed by checking account &/or debit card/credit card provided on file. \*I have read and agree with the attendance expectations and policies.
- \*I have read and will abide by the rules and regulations set forth by TJF Allstars, LLC d/b/a PB Lightning Allstars.
- \*I have read and signed the Waiver of Liability/Medical Release/Participant Agreement.

Parent's Printed Name	Social Security
Signature	Date
FFICIAL NOTARY SEAL	NOTARY'S SIGNATURE



# CREDIT CARD AUTHORIZATION FORM

Athlete's Name:
Name as it appears on the credit card:
Email:
Card type:VisaMCAmerican Express
Credit card account number:
Expiration date:/ Security code:
Address where statement is mailed:
Phone number:
Please initial the following:
Please charge my credit card on the payment due dates. (INITIAL)
I have read and understand the financial policies of <i>TJF Allstars</i> , <i>LLC d/b/a Palm Beach Lightning Allstars</i> . I am a duly authorized credit card user on the identified account and authorize all of the above with my signature. I certify that all the above information is complete and accurate. I hereby authorize <i>TJF Allstars</i> , <i>LLC d/b/a Palm Beach Lightning Allstars and</i> to collect payment for fees due by processing a charge to the credit card listed above.
Cardholder name (printed):  Cardholder signature:



#### PALM BEACH LIGHTNING ALLSTARS SPONSORSHIP FORM

Dear Community Supporter,

The Palm Beach Lightning Allstars would like to ask for your support by becoming a sponsor of one of our athletes in our cheerleading scholarship program. We will be attending many Regional, State, & National competitions and exhibitions throughout the state of Florida. To compete in these competitions there are many expenses for each participant. Some of the travel expenses alone are in excess of \$2000.00 per year. Support is needed from the community, parents, and coaches who are dedicated to developing these athletes. Most important, it takes a great deal of dedication and desire from the athlete. These athletes practice two to three times a week while maintaining their grade point averages, keeping up with school projects and social activities. In addition to the many community activities they participate in, they learn dedication, responsibility, and teamwork, all of which these children will use in their future. You can help make it possible for them to continue on this positive path through life.

We have a lot of goals to reach! We can only reach these goals with the support of our community members and businesses such as you. If you can help, please make your donation payable to *Palm Beach Lightning*. A contribution of any size will be greatly appreciated. If you are donating specifically for one individual, please note that on your donation in the memo area. Your donations will then go only towards the individual you are sponsoring and are not used for any other purpose.

Any contribution is accepted & greatly appreciated. We have three tiers of sponsors. \$250 will get you (or business) listed on our website, \$500 listed on website & name on tryout shirt that every athlete receives, & \$1,000 or more gets your name on the website, shirt & banner hung in the gym.

Again, thank you for your consideration. We look forward to working with you as a team to make this a championship year!



 ${\bf SPONSORSHIP}\ {\bf FORM}$ 

Your financial support and the athletes dedication can turn dreams into reality! No donation is too small!

SPONSOR TYPE:
Individual: Corporate:
( ) Athlete's Name:
( ) Use my contribution on an as needed basis for those individual athletes with the most needs.
Please return this form with your check made payable to Palm Beach Lightning.
Business Name:
Contact Name:
Address:
Phone Number:
Email:
Amount Contributed: \$
OUR ATHLETES THANK YOU FOR YOUR SUPPORT!
SEND PAYMENTS TO:

PALM BEACH LIGHTNING – 2010B SEABIRD WAY – RIVIERA BCH – FL - 33404



ABSENCE REQUEST FORM

ATHLETE'S NAME:	TEAM:
DATE(S) ABSENT:	PARENT SIGNATURE:
REASON FOR ABSENCE:	
DATE SUBMITTED:	WILL THIS INTERFERE WITH A
	SCHEDULED COMPETITION/EVENT?
COACH APPROVAL:	IF "YES", ABSENCE MUST BE
	CLEARED BY THE OWNERS.
	NO NO
	YES
FORMS WILL NOT BE APPROVED FOR THE WEEK OF A COMPETITION!	

This request form must be turned in at least 2(two) weeks prior to scheduled vacation. We plan additional practices & choreography around these forms. If you will be out of town ANY weekend JUNE-MAY please fill out this form!